



Jayne Ward

Associate - Specialist Physiotherapist
Designed2Move Limited



Based in Chesterfield

Clients in East Midlands, South Yorkshire



Contact

info@designed2move.co.uk
07494 177159



Jayne has a wealth of experience in the public and private sectors working with patients and athletes to better their function. Her varied skill set includes effective liaison with management through written reports and case meetings to best serve the interests of the patient and as a result, the employer. Jayne prides herself on balanced biopsychosocial reasoning and implements a holistic approach to patient care across all of her professional roles. Jayne is experienced in helping patients to recover from injuries, life events and surgery by integrating functional rehabilitation with returning patients to work in an efficient, safe and timely manner.



Qualifications

- BSc Hons Sports Science. 2006
- Bsc Hons Physiotherapy. 2009

Membership of professional groups

- MCSP – (Chartered Society of Physiotherapy) (085263).
- HCPC – (Health and Care Professions Council) (PH91890).
- Registered Member of ACPOHE – (Association of Chartered Physiotherapists in Occupational Health & Ergonomics)



Achievements

- January 2015 – **successful bid** with OH Manager for the NHS England Innovation Rehabilitation Prize 2014/15, to increase access to specialist OH physiotherapy availability across Derbyshire area for NHS staff
- **Winner** of the Chartered Society of Physiotherapy Service Excellence Awards 2015 - Fitness for Work Clinical team 2010-2015 - Promoting Activity & Healthy Lifestyles Category





Experience

Jayne is a specialist occupational health, musculoskeletal physiotherapist who is passionate about promoting movement, creativity and functional fitness. Her work has involved extremely difficult cases including those with suicide risks, sustained, aggravating working positions and complex psychosocial needs.

Her involvement in the creation of best practice guidelines and regular data reporting for occupational health services has resulted in Jayne being regarded as a leader in her field. Collection and implementation of audit data for the betterment of patient care is a vitally important feature of contemporary service development and Jayne's understanding of this, coupled with targeted action has led to her becoming a respected, award-winning clinician.

Treating both clinical and non-clinical personnel presents constant and varied challenges, especially when key stake-holders often disagree on the best course of action. Experience of such situations and the skills to improve them are rare commodities and so Jayne's expertise in work-related problems frequently leads to efficient, positive results where others have failed.



Personal Profile

As an elite level fencer and former medallist at the commonwealth fencing championships, Jayne recognises the physical, psychological and social pressures involved in being at the very top of a discipline. This understanding translates well into empathy for those with work and hobby related disruptions. Jayne continues to keep herself in shape as captain of the 2015 UK championship winning team, Wingerworth Fencing Club. Jayne also assisted in setting up a new club to increase participation of fencing in north Derbyshire, and is now regularly coaching at the club. However; you are more likely to find Jayne exploring the peak district at the weekends now with her husband than in a fencing hall!

